

MANCHESTER & DISTRICT
CROSS COUNTRY LEAGUE
2004/2005 SEASON

SPONSORED BY
COLGATE-PALMOLIVE LTD

RESULTS

THIRD MATCH
SATURDAY 4 DECEMBER 2004
BOGGART HOLE CLOUGH

With thanks to

COLGATE-PALMOLIVE LTD
HOST CLUB - SALFORD H & A C
THE OFFICIALS
THE COMPETITORS
THE TEAM MANAGERS
THE SUPPORTERS

NEXT MATCH - JOINT NWWCCL
Final match of the Season for both Leagues

SATURDAY 8TH JANUARY 2005
WYTHENSHAW PARK, MANCHESTER

12:15 PM COLTS : 12:50 PM BOYS : 1:35 PM YOUTHS
2:30 PM - SENIOR, VETERAN & JNR MEN U20 & U23

*[NWWCCL RACES: 12 NOON U13 GIRLS : 12:30 PM U15 GIRLS
1:10 PM U17 GIRLS & JNR LADIES : 2 PM SNR & VET LADIES]*

MANCHESTER & DISTRICT CROSS COUNTRY LEAGUE *2004/2005 SEASON*

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COLGATE-PALMOLIVE'S DENTAL HEALTH UNIT

MATCH 1: SAT. 30TH OCTOBER 2004 - 12:15 pm

Heaton Park, Manchester
Host Club: Manchester Harriers & A.C.

MATCH 2: SAT. 20TH NOVEMBER 2004 - 12:15 pm

Macclesfield Leisure Centre, Macclesfield
Host Club: Macclesfield H. & A.C.

MATCH 3: SAT. 4TH DECEMBER 2004 - 12:15 pm

Boggart Hole Clough, Blackley, Manchester
Host Club: Salford Harriers & A.C.

MATCH 4: SAT. 8TH JANUARY 2005 - 1:30 pm

Wythenshawe Park, Manchester
Host Club: Sale Harriers Manchester & A.C.

APPROXIMATE DISTANCES (*metres*):

COLTS approx. 2,400-3,000; BOYS approx. 3,200; YOUTHS approx. 6,000; SNRS/VETS/JNRS approx. 9,600.

TIMINGS - Matches 1, 2 & 4 (*includes NWWCCL*):

COLTS 12.15 pm; BOYS 12:50 pm; YOUTHS 1:35 pm;
SNRS/VETS/JNRS 2.30 pm.

TIMINGS - Match 3 (*includes SELCCL*):

COLTS 12:30 pm; BOYS 1:10 pm; YOUTHS 1:30 pm;
SNRS/VETS/JNRS 2.30 pm.

OFFICIALS: Referee-Tony Riley; Starter-Match 1 Paul Yates; Matches 2,3,4 David Brown; Starter's Assistant-Joe Brown; Timekeeper-Mike Wolfendale; Recorder-Joan Royle; Announcer-George Tivey; Funnel Steward-George Brockbank; General Assistant-Carol Brown.

FEES: £20 affiliation + 50p paid retrospectively per senior athlete.

AWARDS: Each Race/Individuals - the winner of each race plus 1st Veteran, 1st Junior U23 & 1st Junior U20. **Overall/Individuals** - Seniors 1st to 6th; Veterans 0/40, 0/45, 0/50 1st, 2nd, 3rd; 0/55*, 0/60* & Junior U20* 1st **may be extended depending on numbers*; Juniors U/23, Youths U/17, Boys U/15, Colts U/13 1st, 2nd, 3rd. **Overall/Teams** - Seniors (6 to count) 1st, 2nd, 3rd; Veterans, Juniors (U23/U20), Youths, Boys & Colts (4 to count) 1st, 2nd, 3rd. **Overall/Clubs** winning promotion to higher division to receive commemorative plaque.

Results and other queries: Brenda Bradshaw, Hon.Sec., 12 Heaton Drive, Hollins Village, Bury BL9 8BQ. Telephone 0161-796 6310